



Alcoholics Anonymous
Greater Newcastle District
Area C Eastern Region(NSW)
Australia
Ph. (61) 02 49641555
www.newcastle-aa.org.au
PO Box 196 Jesmond NSW 2299

MINUTES OF GREATER NEWCASTLE DISTRICT

Date: 8-9-2008

Meeting Opened: 1.30pm

Attendance:

(Sec) **Jim K (Acting)**

(Treas) **Mick E**

(Chair /DCM) **Cornelius**

Michael H Kurri Kurri
GSR

Ian M Truth GSR

Lenny S Cessnock GSR

Apologies: **John C TBBS**

Grant S TBBS

Jeff J Tarro

Traditions Read: **Ian M**

Minutes of last meeting Confirmed as True and Accurate Account: **Yes**

Secretaries Report:

Incoming

Hi I am wondering if you can tell me if there is an AA in the Junee area and if so, what the contact details are. Also, Is there one running in the Goal there?

Kind Regards,

Helen Thompson

Registered Psychologist

Ph: 02 9786 4807

Mob: 0418 430 244

Hi Helen

Day: Wednesday

Time: 8:00 PM

Building: Community Centre

Address: Belmore Street

This is the only meeting in Junee that I am aware of, I am sure if you went along and asked at the meeting they could give you all the relevant information about other meetings close by and if they have a Goal programme running.

From: Name Removed for privacy
Date: 25/08/2008 12:54:38 PM
To: aa.newcastle@aa-area-c.org
Subject: Enquiry for help....

Hello

I am hoping you can help me...

My family feel I have a drinking problem, I wouldn't go as far as to say I am an alcoholic but they feel it has a massive impact on them.

I am a social drinker one who drinks (not everyday) but will have a couple of glasses of wine at home every other day but when I go out I get caught up the "having a good time" and not all the time but do not know my limit.

I have recently returned from overseas & I am trying settle back in & finding it difficult, there are family relationship breakdowns as well, its all about he or she said no factual evidence that is making me feel very alone.

I don't want to be judged (but I am by my family) I am happy to talk or go for Counselling but don't know anyone in Newcastle.

Can you assist me.

Kind regards,

Name Removed for privacy

Hi

This web site has our meeting information <http://www.newcastle-aa.org.au/> also if you ring this number it is a 24/7 AA help line 49641555.

2 questions that helped me decide that I am an Alcoholic are:

1. Once I have the first drink can I stop and stay stopped. (this may not happen every time the need to keep drinking but if it happens at all then we look at the second question)

2. When I am not drinking an I thinking about drinking (i.e hurry up Friday so I can get on it)

The good thing about AA is no Judgment common problem common solution.

Hope this helps

Jim

You can keep Emailing or use the other options of phone or web. I would suggest the

phone as you can then talk one on one.

From: Romane Abell
Date: 20/08/2008 1:29:04 PM
To: jim.k@aa-area-c.org
Cc: Sharon Williams
Subject: Lifestyle Program dates

Hello Jim

I am still saddened by the learning of Kathy's passing. I met her briefly this year when I was privileged to sit in and listen to her talk with our group. I understand that she was very supportive for our group over many years.

Confirming the dates for your session with our group: 10 September & 12 November.

Thank you for your kind offer to take interested attendees to an AA meeting after your session 10 September. I have alerted the group to this opportunity. Would it be possible for me to attend? I would like to experience a meeting as I regularly recommend AA to my clients however only have my 2nd hand knowledge. please let me know.

Kind regards

Romane Abell

Psychologist (Clinical Intern) Assoc. MAPS

Alcohol & Drug Unit

Calvary Mater Hospital

From: Jim K" <jim.k@aa-area-c.org> 21/08/2008 3:01 pm

Hi Romane.

Yes its possible for you to attend, the only requirement is that you don't take pictures or notes.

How many do you think will be going.

Regards

Jim K

Delegate Area C Eastern Region Panel #48

From: Romane Abell

Not very many. Maybe 1 or 2. My work colleague may also been keen to join us too.

See you on 10th Sept.

Cheers
Romane

What is the address of the Noon walk-in meeting?

Ta, Grant

From: [Kate](#)
Date: 9/08/2008 7:52:54 PM
To: aa.newcastle@aa-area-c.org
Subject: i want to join AA

Hi there,

I am interested in attending an AA meeting in the Newcastle area. I am a bit anxious as to how it all works and would like some guidance with regards to the best type of meeting for me to attend. I am not religious and I would feel uncomfortable going to a meeting that was preaching religion – however in saying that I respect those individuals who choose that path. I am also young and female and would probably feel more comfortable with a group of ppl with a similar background to me. I live in Adamstown and would be looking for a place close by and late afternoon to evenings.

Any other info or advice you could provide me with would be much appreciated.

Thanks so much.

Hi Kate

If you can ring this number 49641555 it is a 24/7 AA help line and you can talk to another alcoholic and they might be able to direct you to the best meeting for you.

If you want to just pick one that suits you time wise, if you go to this web site it has all the meetings for Newcastle <http://www.newcastle-aa.org.au/>.

My advice would be to ring the help line and they can tell you all about AA meetings of different types and what happens at an AA meeting.

Hope this helps if it doesn't feel free to continue to use this address for further contact so we can figure out how we can best help you.

Regards

Jim

Dear Friends

It would be appreciated if you could circulate the attached amongst your AA fellowship.
Best regards

Vivian G
AA MALTA
General Secretary

Outgoing

No out going except the above replies.

Business Arising:

None

Moved Accepted : | Ian | Seconded : | Mickael

District Committee Members Report

Due to family and health reasons Cornelius has had to stand down as DCM we thank him for his contributions.

Moved Accepted : | | Seconded : |

District Treasurers Report as at 13/9/2008

Opening Balances: Greater Access Passbook Account \$905.64

Incoming Money:

Donations:

- | | |
|--|----------|
| 1. Meetings Donations (6 people in attendance) | \$ 30.45 |
| 2. Truth group – cash #7 | \$ 20.00 |
| 3. Cessnock Living Sober #8 | \$ 50.00 |
| 4. Tarro Young at Heart #9 | \$400.00 |

Total Donations \$500.45

Total Incoming Money \$500.45

Outgoing Money:

- | | |
|-----------------------------------|----------|
| 1. Rent for the venue – (\$22.50) | \$ 22.50 |
| 2. Costs of Meeting | \$ 7.95 |

Total Outgoing \$ 30.45

Balance for this period \$470.00

Closing Balance: Greater Access Passbook Account \$1375.64

Yours in Vigilance and Service
Mic.E – Morriset/Tarro – YAH.

Details for making donations:

Account details:

Who: Greater Building Society Ltd.
Type: Passbook Account – Greater Access
Name: Greater Newcastle District of Alcoholics Anonymous
BSB: 637000
Account Number: 716060829

Any money or cheques can be given to your groups GSR who will pass it on to me. If this happens the monthly District meeting it will be included in the next months report. Alternatively, your group can now use the details provided above to make direct deposits or any other form of transaction (a simple note to me about this would be appreciated but not mandatory, allowing easier and more accurate balances to be acquired).

Moved Accepted : | Ian

| **Seconded :** | Michael

Literature Report

Date	Description	Account	Debit	Credit	Balance
18/08/2008	TURNING POINT	973485905		\$50.00	\$717.87
18/08/2008	FREEDOM	973485905		\$50.20	\$768.07
26/08/2008	TURNING POINT CHQ-590047-70	973485905		\$30.00	\$798.07
26/08/2008	PRESENTED	973485905	\$318.70		\$479.37
27/08/2008	TARRO BBS	973485905		\$88.00	\$567.37
1/09/2008	CESSNOCK STEPS	973485905		\$120.00	\$687.37
1/09/2008	SWANSEA WOMENS	973485905		\$20.00	\$707.37
9/09/2008	TURNING POINT CHQ-590048-80	973485905		\$40.00	\$747.37
9/09/2008	PRESENTED	973485905	\$530.82		\$216.55

Check to be deposited from Tarro Young at Heart.
Amount : 641.55

Turning Point owes: \$85.40

Cessnock Steps owes: \$23.05

Total: 967.55 + Stock = about \$400

Group Monthly Sales Report

Amount	Description	Order Total	OrderDate	Group
10	The AA Member - Medications and Other Drug	\$628.55	4/09/2008	Tarro Young at Heart
10	A Newcomer Asks	\$628.55	4/09/2008	Tarro Young at Heart
5	Do you think you're different?	\$628.55	4/09/2008	Tarro Young at Heart
5	Letter to a Woman Alcoholic	\$628.55	4/09/2008	Tarro Young at Heart
10	Questions and Answers on Sponsorship	\$628.55	4/09/2008	Tarro Young at Heart
5	Is there an Alcoholic in your life?	\$628.55	4/09/2008	Tarro Young at Heart
5	Problems Other Than Alcohol	\$628.55	4/09/2008	Tarro Young at Heart
5	Too Young?	\$628.55	4/09/2008	Tarro Young at Heart
10	AA and the Gay/Lesbian Alcoholic	\$628.55	4/09/2008	Tarro Young at Heart
5	The Jack Alexander Article About AA	\$628.55	4/09/2008	Tarro Young at Heart
5	Is AA for Me?	\$628.55	4/09/2008	Tarro Young at Heart
20	Making A Start In AA	\$628.55	4/09/2008	Tarro Young at Heart

10	AA For The Aboriginal Woman	\$628.55	4/09/2008	Tarro Young at Heart
10	AA For Aboriginal People	\$628.55	4/09/2008	Tarro Young at Heart
5	AA For the Indigenous Australian (26 page booklet)	\$628.55	4/09/2008	Tarro Young at Heart
1	Big Book (large print)	\$628.55	4/09/2008	Tarro Young at Heart
1	12 x 12 (large print)	\$628.55	4/09/2008	Tarro Young at Heart
1	Daily Reflections (large print)	\$628.55	4/09/2008	Tarro Young at Heart
10	Big Book (pocket size)	\$628.55	4/09/2008	Tarro Young at Heart
4	Big Book (pocket size)	\$20.00	26/08/2008	Swansea Woman's Group
1	Daily Reflections	\$38.40	4/09/2008	TurningPoint
1	Big Book (large print)	\$38.40	4/09/2008	TurningPoint
3	12 X 12 (standard size, soft cover)	\$628.55	4/09/2008	Tarro Young at Heart
1	AA Comes of Age	\$628.55	4/09/2008	Tarro Young at Heart
1	As Bill Sees It	\$628.55	4/09/2008	Tarro Young at Heart
1	Dr. Bob & The Good Oldtimers	\$628.55	4/09/2008	Tarro Young at Heart
1	Pass It On	\$628.55	4/09/2008	Tarro Young at Heart
2	Daily Reflections	\$628.55	4/09/2008	Tarro Young at Heart
2	Came to Believe	\$628.55	4/09/2008	Tarro Young at Heart
3	Living Sober	\$628.55	4/09/2008	Tarro Young at Heart
1	The Home Group: Heartbeat of AA	\$628.55	4/09/2008	Tarro Young at Heart

Saturday, 13 September 2008

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<i>Amount</i>	<i>Description</i>	<i>Order Total</i>	<i>OrderDate</i>	<i>Group</i>
1	Spiritual Awakenings	\$628.55	4/09/2008	Tarro Young at Heart
1	Emotional Sobriety: The Next Frontier	\$628.55	4/09/2008	Tarro Young at Heart
5	Is AA for You?	\$628.55	4/09/2008	Tarro Young at Heart
5	Young People and AA	\$628.55	4/09/2008	Tarro Young at Heart
10	AA for the Woman	\$628.55	4/09/2008	Tarro Young at Heart
5	A Member's Eye View of AA	\$628.55	4/09/2008	Tarro Young at Heart
5	AA for the Older Alcoholic	\$628.55	4/09/2008	Tarro Young at Heart
10	Memo to an Inmate who may be an Alcoholic	\$628.55	4/09/2008	Tarro Young at Heart
450	Is AA for Me?	\$235.40	7/08/2008	Turning Point
5	12 x 12 (pocket size)	\$628.55	4/09/2008	Tarro Young at Heart
200	Just for Today Card	\$628.55	4/09/2008	Tarro Young at Heart
5	The Co-Founders of Alcoholics Anonymous	\$628.55	4/09/2008	Tarro Young at Heart
6	Home Alone Poster	\$235.40	7/08/2008	Turning Point
5	What Happened Poster	\$235.40	7/08/2008	Turning Point
5	Girls Night Out Poster	\$235.40	7/08/2008	Turning Point
2	Party Animal Poster	\$235.40	7/08/2008	Turning Point
3	Can't Stop Poster	\$235.40	7/08/2008	Turning Point
5	Stress Relief Poster	\$235.40	7/08/2008	Turning Point
2	Big Book - "Alcoholics Anonymous" - Standard	\$50.20	11/08/2008	Freedom Group

3	Big Book (pocket size)	\$50.20	11/08/2008	Freedom Group
2	Big Book - "Alcoholics Anonymous" - Standard	\$143.05	24/08/2008	Cessnock Steps
4	12 X 12 (standard size, soft cover)	\$143.05	24/08/2008	Cessnock Steps
1	Living Sober	\$143.05	24/08/2008	Cessnock Steps
100	Is AA for Me?	\$143.05	24/08/2008	Cessnock Steps
1	Big Book - "Alcoholics Anonymous" - Standard	\$30.00	26/08/2008	Turning Point Group
1	12 X 12 (standard size, soft cover)	\$30.00	26/08/2008	Turning Point Group

Moved Accepted : | Ian

| **Seconded :** | Michael

GROUP Reports

Cessnock Living Sober Group

- Group is going well.
- Averaging 12 per meeting
- Group members – 7
- Newer members attending - 4
- Current Secretary – Cherie S
- Current GSR – Lenny S
- 3 members involved in the Gaol roster and 2 in The Glen roster
- From Friday 12/9/08 we will be holding a Group Conscience monthly.

Attendance - Steady

Donations - Steady

Kurri Kurri Group

Monday Steps

Doing well Alex doing great job as Secretary

Averaging around 12

Ratio of Men to Women W – 60% M 40%

Thursday As Bill sees it.

Average 12

Ratio Male to Female W - 50% M – 50%

Attendance - Steady

Donations - Steady

Truth Group

Average – 14

Ratio Male to Female M – 90% F- 10-%

Averaging about 2 new AA attendees.

Attendance - Steady

Donations- Steady

Turning Point Group

Averaging 20

Ratio Male to Female M 60% F 40%

Averaging about 2 new AA attendees.

Turning Point Group is suppling the funds for literature at Lingard Hospital and the Mater Hospital as well as coordinating the speakers for those programmes.

Attendance - Steady

Donations - Steady

Business Arising: | None

Moved Accepted : | Ian

| **Seconded :** | Michael

Committee Reports

Web Site.

www.newcastle-aa.org.au

Total Hits August 2008 – 1045

Hits per Hour – Ave – 1 Max – 21

Total Hits September 2008 to 13-8-2008 – 1135

Hits per Hour – 3 Max - 19

Jails & Rehabs.

A.A. - THE GLEN ANNEXE ROSTER REPORT – August 2008

Month of:- August 2008

10/8/08

Members – Ken P – Cessnock Living Sober

- Lenny S – Cessnock Living Sober

The residents of The Glen conduct the meeting each week with or without visitors.

Was only able to attend once in August. However, hope to get more involved on the roster in September.

We have vacancies for anyone wishing to join the roster for the Glen Annexe on a Saturday from 8.00pm to 9.30pm.

Lenny S

The Glen Roster Co-ordinator

Cessnock Gaol Meetings – August 2008

Minimum Security

5/8/08 – Members

Brian – Cessnock Steps

Ken – Cessnock Living Sober

Lenny - Cessnock Living Sober

Inmates – 7

12/8/08 – Members

Russ C – Terrigal Beach

Eric L – Terrigal Beach

Geoff – Terrigal Beach

Inmates – 6

19/8/08 – Members

Ian – Rutherford

Cheryl - Branxton

Inmates – 6

26/8/08 – Members

John R – Terrigal Beach Big Book Gp

Richard – Terrigal Beach

Eric – Terrigal Beach

Inmates - 7

Maximum Security

5/8/08 - Members

Cherie S – Cessnock Living Sober

Brian Mc – Cessnock Steps

Lenny S – Cessnock Living Sober

Inmates – 15

12/8/08 - Members

Cherie S – Cessnock Living Sober

Brian Mc – Cessnock Steps

Inmates - 13

19/8/08 - Members

Lenny S – Cessnock Living Sober

Brian Mc – Cessnock Steps

Inmates - 5

26/8/08 - Members

Brian Mc – Cessnock Steps

Cherie S – Cessnock Living Sober

Inmates - 13

Protection Wing

5/8/08 – Members

Cherie S – Cessnock Living Sober

Brian Mc – Cessnock Steps

Lenny S – Cessnock Living Sober

Inmates – 7

12/8/08 – Members

Cherie S – Cessnock Living Sober

Brian Mc – Cessnock Steps

Inmates - 8

19/8/08 – Members

Lenny S – Cessnock Living Sober

Brian Mc – Cessnock Steps

Inmates - 5

26/8/08 – Members -

Brian Mc – Cessnock Steps

Cherie S – Cessnock Living Sober

Inmates - 6

Lenny S – Cessnock Living Sober

Gaol Roster Co-ordinator

Court

Submitted but lost due to a computer crash apologies for that Jim

Moved Accepted : | Ian

| Seconded : | Michael

General Business

Hi Jim

As per our phone convo and by way of clarification. I will be moving away with work possibly interstate very soon and will be unable to maintain billboard at Bruncker road Adamstown any longer. As you are aware Telstra has purchased the crown land on which it stands and their representatives have indicated it can no longer be leased out but have agreed verbally that it can be used for community announcement purposes as long as no lease is engaged and who ever utilises this also takes care of the maintaince and up keep.

It's structure is sound and far as I am aware but you may consider taking out some public liability insurance against any 3rd party damage it may cause i.e. during a storm etc seeing it is so close to a main road.

I hope you utilise this well to keep the AA message out there may your God continue to watch over this.

Regards

Vaughan

General Discussion on this with Michael from Kurri Kurri Group taking on the Job of investigating 3rd party Insurance for the Sign.

Lakeveiw Detox approached Vince D SBBS/Freedom Groups about AA suppling literature for their discharge folders it was decided after robust discussion that we supply:

1. Is AA for you Pamphlet
2. Current meetings list.

I have contact lakeview and they are total satisfied with Is AA for you and a meetings list, while I was there I dropped off enough literature for 3 months and left instructions how they can contact us for resupply when they are running out.

Lingard Hospital has approached us asking if we set up a Hospital Meeting their.

James Q has had a meeting with them and a meeting will start there in 21-9-2008 at 2.30 pm it will be a closed meeting with:

1. **No smoking on site.**
2. **No coffee during meeting (available before and after)**
3. **1 Hour meeting.**
4. **Must be sober and clean.**
- 5.

Other general discussion about maters affecting groups and such.

Moved Accepted : Ian

Seconded : Michael

Meeting Closed in Harmony, Unity and Good AA Fellowship with the Serenity Prayer at: 2.55 pm

NEXT MEETING: 8-11-2008 – Area Assembly will be on 11-10-2008

E-mail: PI/CPC < pi20@aa-area-c.org

POSTAL ADDRESS: PO Box 196 JESMOND 2299

Literature: Electronic: literature@newcastle-aa.org.au

Phone: 49641555